
Coal City Unit District #1
Second Grade
Physical Education Curriculum

PE.2:1 Student will demonstrate individual responsibility during group physical activities. (19A, 19C, 21A, 21B)

- PE.2:1-1 Demonstrate understanding of the written and/or oral directions of class procedures for daily physical activity.
- PE.2:1-2 Demonstrate understanding of the safety procedures by safe participation in daily physical activity.
- PE.2:1-3 Repeat, if needed, safe practices and/or behaviors for daily physical activity.
- PE.2:1-4 Demonstrate ability to work independently during daily physical activity.
- PE.2:1-5 Complete part(s) of a task when participating in daily physical activity.

PE.2:2 Student will demonstrate basic movement patterns and body awareness while participating in daily physical activity. (19A, 19B, 19C, 21B)

- PE.2:2-1 Demonstrate 3 basic locomotor skills determined by teacher.
- PE.2:2-2 Demonstrate 2 basic non-locomotor skills determined by teacher.
- PE.2:2-3 Participate in dodging or fleeing activities in slower speeds without running into others or objects.
- PE.2:2-4 Demonstrate understanding of the difference between personal space and general space.

PE.2:3 Student will demonstrate basic object control skills and safe practices while performing tasks involving scooters, striking, dribbling, kicking, throwing, catching, tossing or juggling objects. (IL 19A, 19B, 19C, 21A, 21B)

- PE.2:3-1 Demonstrate correct body position before performing skill or task.
- PE.2:3-2 Determine or demonstrate that a “safety check” needs to be done before beginning certain skills or tasks.
- PE.2:3-3 Perform skill using appropriate speed or force.
- PE.2:3-4 Identify the PE skill used during skill activity.
- PE.2:3-5 Apply safe practices with one teacher prompt when using equipment.
- PE.2:3-6 Move with awareness of others in general space.

PE.2:4 Student will demonstrate movement and cooperation skills while performing tasks that involve using an obstacle course or station activities. (IL 19A, 19B, 19C, 21A, 21B)

- PE.2:4-1 Demonstrate competency in two fitness skills or patterns.
- PE.2:4-2 Demonstrate waiting in line or waiting for his/her turn.
- PE.2:4-3 Demonstrate safe practices and good behavior choices when using equipment and performing tasks.
- PE.2:4-4 Demonstrate competency in one weight bearing or balance skill.
- PE.2:4-5 Reconstruct area for the good of others before moving on to the next activity or task.

PE.2:5 Student will demonstrate cooperation skills and completion of task(s) during structured partner or group physical activity. (IL 19A, 19B, 19C, 21A, 21B)

- PE.2:5-1 Perform cooperatively and safely during group activities.
- PE.2:5-2 Complete one or more tasks.
- PE.2:5-3 Demonstrate the need for individual and shared goals during partner or group physical activity.
- PE.2:5-4 Give examples of ways to settle disagreements.
- PE.2:5-5 Share responsibility for task.

PE.2:6 Student will continually strive toward health-enhancing levels of physical fitness and show understanding of some fitness concepts. (IL 20A, 20B, 20C)

- PE.2:6-1 Demonstrate an understanding of The Pacer Test auditory signals and the “fault” lines.
- PE.2:6-2 Demonstrate correct form when performing curl ups according to FITNESSGRAM.
- PE.2:6-3 Demonstrate correct form when performing push ups according to FITNESSGRAM.
- PE.2:6-4 Regularly participate in physical activity without prompt from teacher.
- PE.2:6-5 Identify 1 characteristic of health-related fitness, such as muscle strength, flexibility or endurance.